

# Structural Mechanics for SV

ME 231-b

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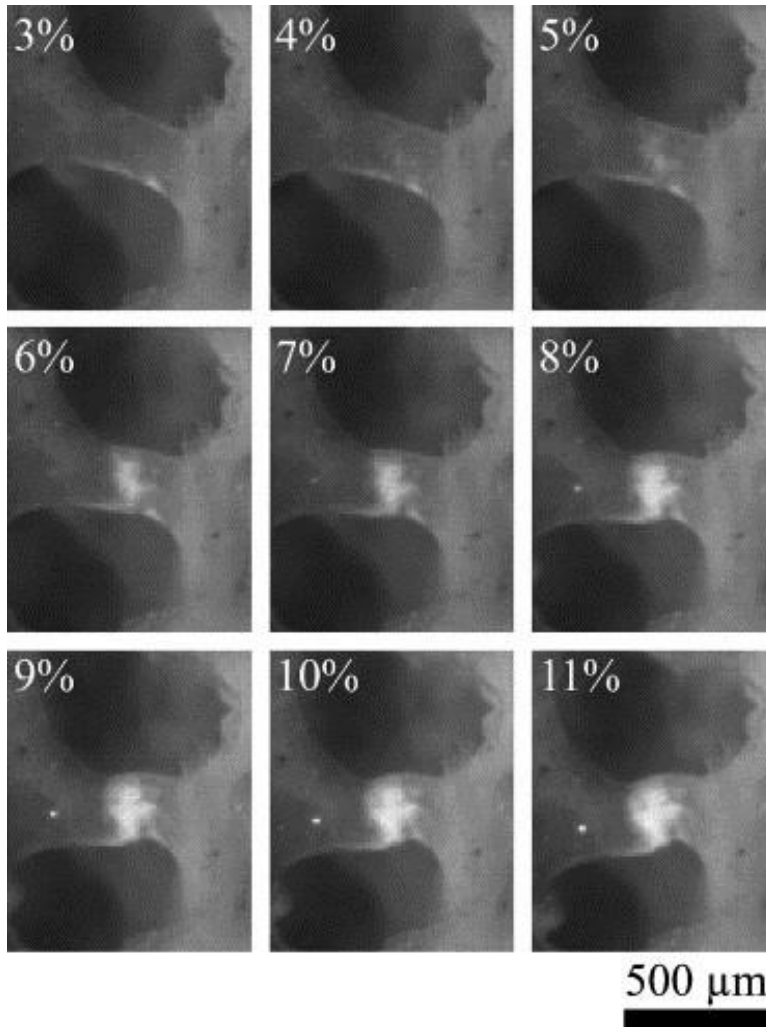
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# Purpose of structural mechanics:

Find out how structures react to loads considering both their geometry and materials properties

- how do structures bend
- what are the internal stresses and strains
- when will a structure break
- ...



# Fracture toughness of human trabecular bone

You study the fracture strength of trabecular bone in the vertebra of an osteoporotic patient. From a compression test, you see when damage occurs at global strain levels. You want to calculate what the local stresses are when the bone fails.

1. Analyze the geometry to calculate from global strain to local normal strains and shear strains
2. Use the elastic modulus for bone to calculate the normal stress and shear stress at the fracture point

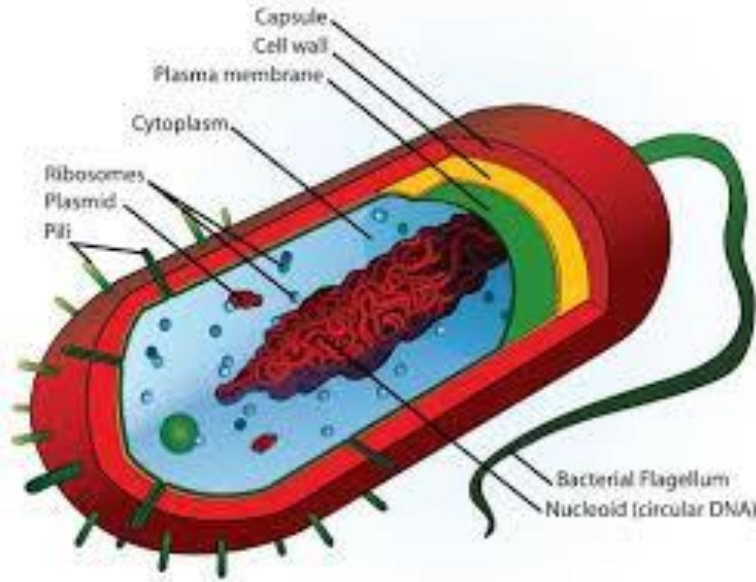




# Example: Robotic hand

You have a lever arm in the robotic hand you design, and you want to know what material you have to make the actuation rods out of so that under maximum load A) 99% of the displacement of the actuator is transmitted from your hydraulic actuators to the fingertips, and B) you have the optimal strength/mass ratio.

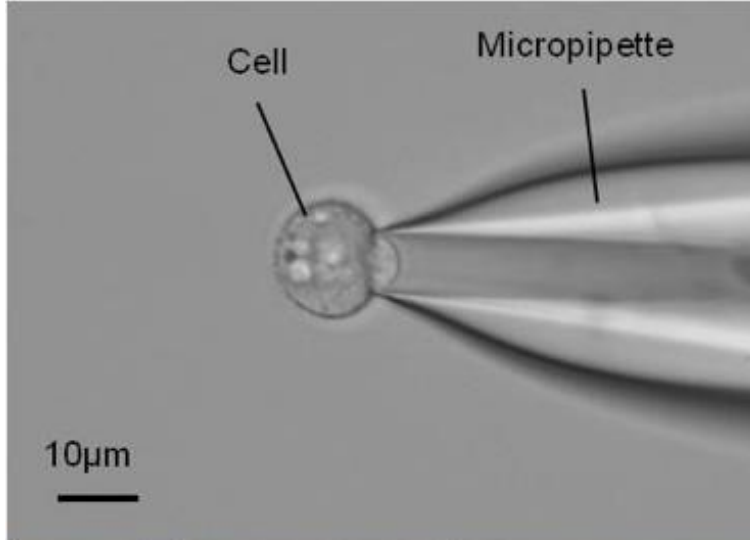
1. Calculate longitudinal stress and strain
2. use hooks law with the elastic modulus of the available materials (titanium, steel, aluminum,...) to determine the minimal thickness to keep the strain below 1%
3. calculate the mass the hand would have when it is made of the available materials
4. Choose the material that results in the lightest hand



# Turgor-pressure

You want to measure the Turgor pressure in your favorite strain of bacteria through nanomechanical testing using an atomic force microscope (AFM).

- calculate the hoop stresses inside the bacterium
- determine from the applied force and size of your AFM tip the pressure you are exerting
- Subtract the pressure equivalent of the hoop stresses from the applied pressure to obtain only the Turgor pressure

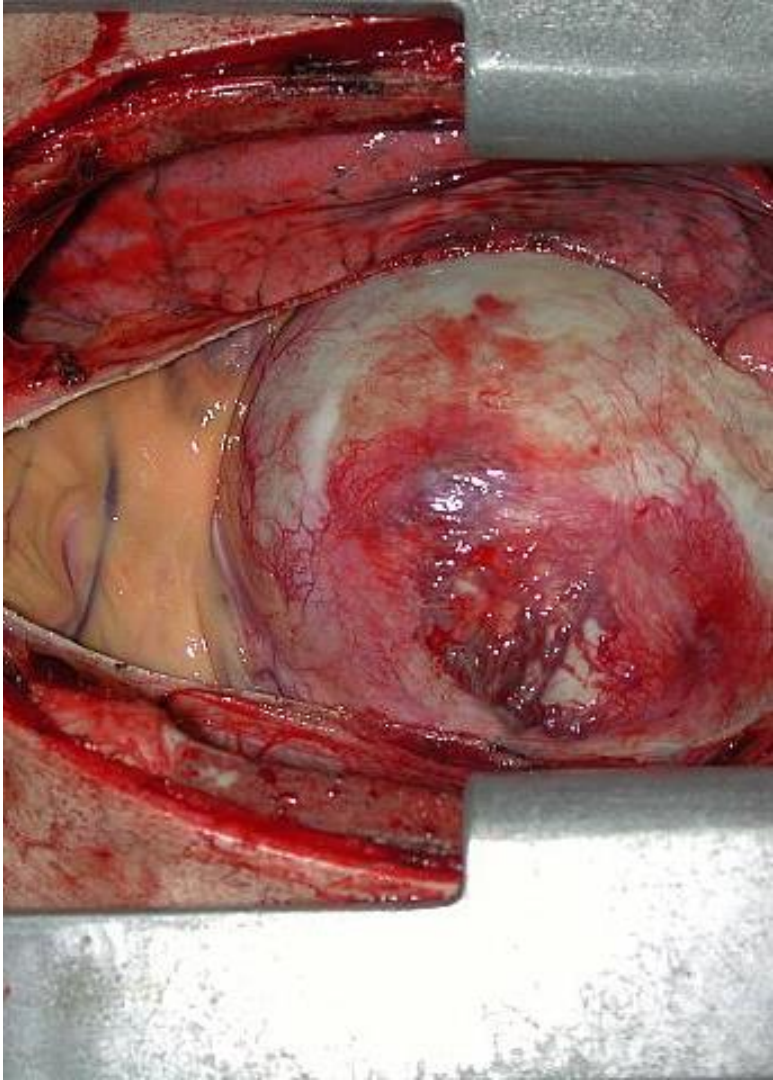


# Micropipette aspiration

Lack of cholesterol in the membrane is known to increase membrane stiffness which could cause several changes in cell function.

You want to compare the effect of the anti cholesterol drug you have developed on the stiffness of the cell membrane.

You can do this by applying a known pressure to a micropipette and suck up a cell. Based on the amount that the cell membrane is pulled into the micropipette you can calculate the membrane stiffness.



# Aneurism

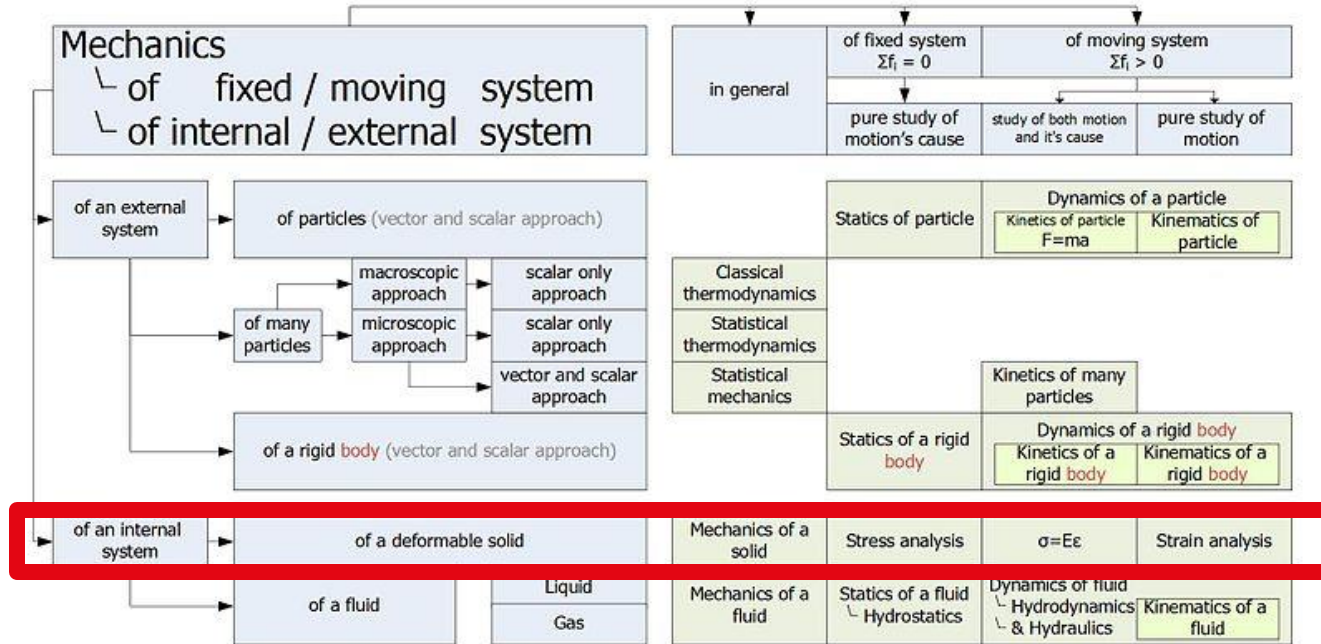
You monitor a phase II clinical trial about the benefits of a new surgical procedure to encase an aortic aneurysm with a polymer based medical device. You are asked to see if the rupture probability is directly correlated with the size of the aneurism.

Calculate the stresses in the arterial wall in radial and longitudinal direction for each aneurism in each patient

Perform a paired hypothesis test between the arterial stress values and the corresponding rupture data



# Relationship to other branches of Mechanics



# How I designed the course



The class is taught in English & we use a textbook that uses “simple” language

The course is built on the first edition  
A second edition is now out!



There are no established “grade standards” from many previous years, so grading will be adapted

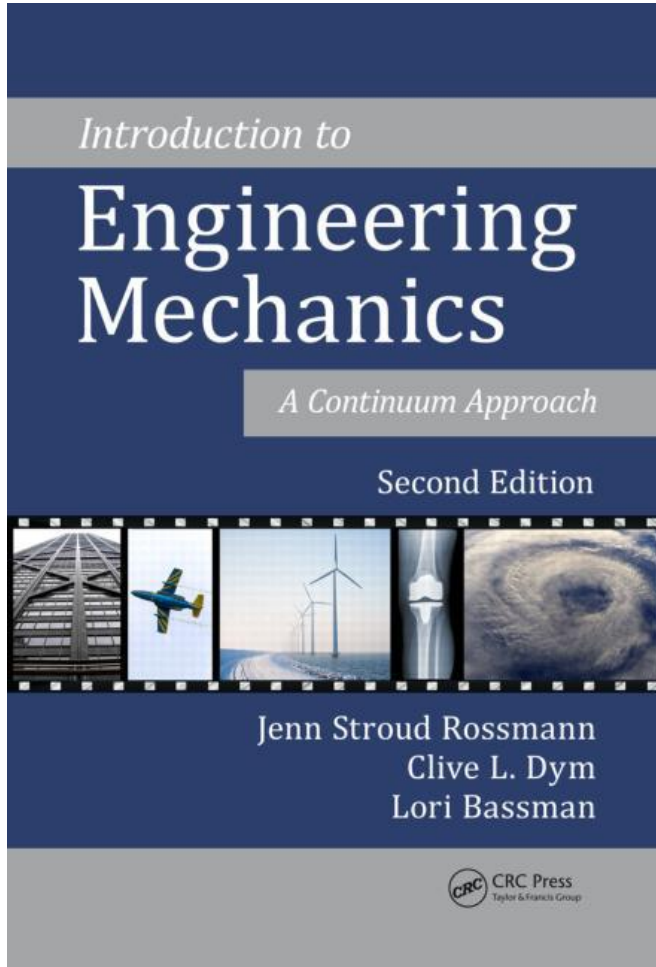


Proposed grading scheme:

one midterm counting  $\frac{1}{3}$  of your grade  
one final counting  $\frac{2}{3}$  of your grade



The way the course is taught isn’t “set in stone”. So if you have suggestions on how we can best run this class, we can discuss it and make changes as we go along.



## Textbook

Introduction to Engineering Mechanics – a continuum approach

*Jenn Stroud Rossmann, Clive L. Dym and Lori Bassman*

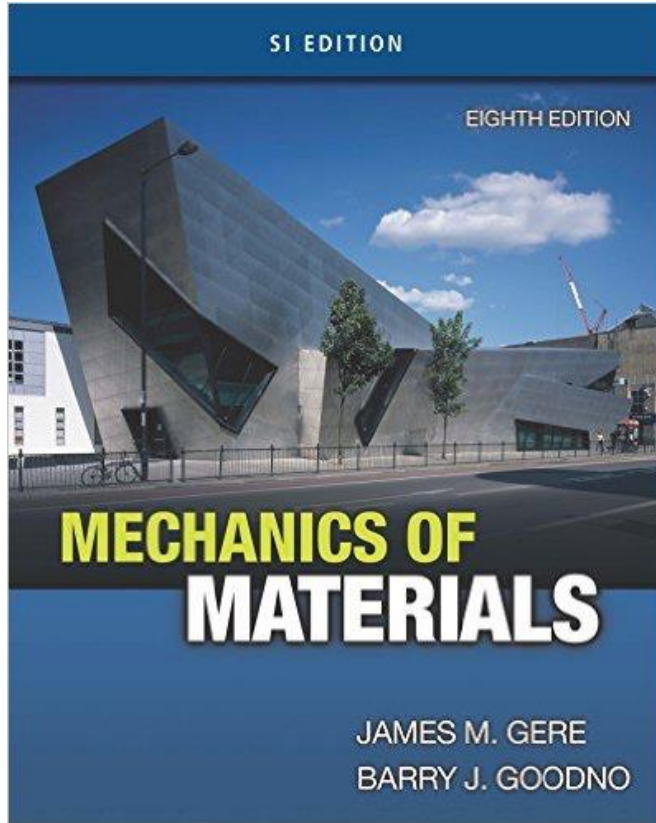
ISBN-10: 1420062719

ISBN-13: 978-1420062717

- You can buy the book directly from the publisher (ca CHF 133):

<https://www.crcpress.com/Introduction-to-Engineering-Mechanics-A-Continuum-Approach-Second-Edition/Rossmann-Dym-Bassman/9781482219487>

- Also available as Kindle e-book for purchase (ca CHF110) or renting (ca CHF 40)
- The 1<sup>st</sup> edition is available amazon market place starting from ca CHF 20 to CHF30



# Additional reading material

- **Mechanics of Materials 8<sup>th</sup> edition, SI Edition** by [James M. Gere](#) and [Barry J. Goodno](#)
- USD 137.67 new (used starting 34.56) at Amazon
- eTextbook (buy USD 63.49, rent ca USD42)
- From publisher: print: CHF 73.77, ebook CHF 49.82



# Topics we will cover:

review of  
equilibrium  
ridged body  
mechanics

strain & stress in  
one dimension

strain & stress in  
higher  
dimensions

stress  
concentrations

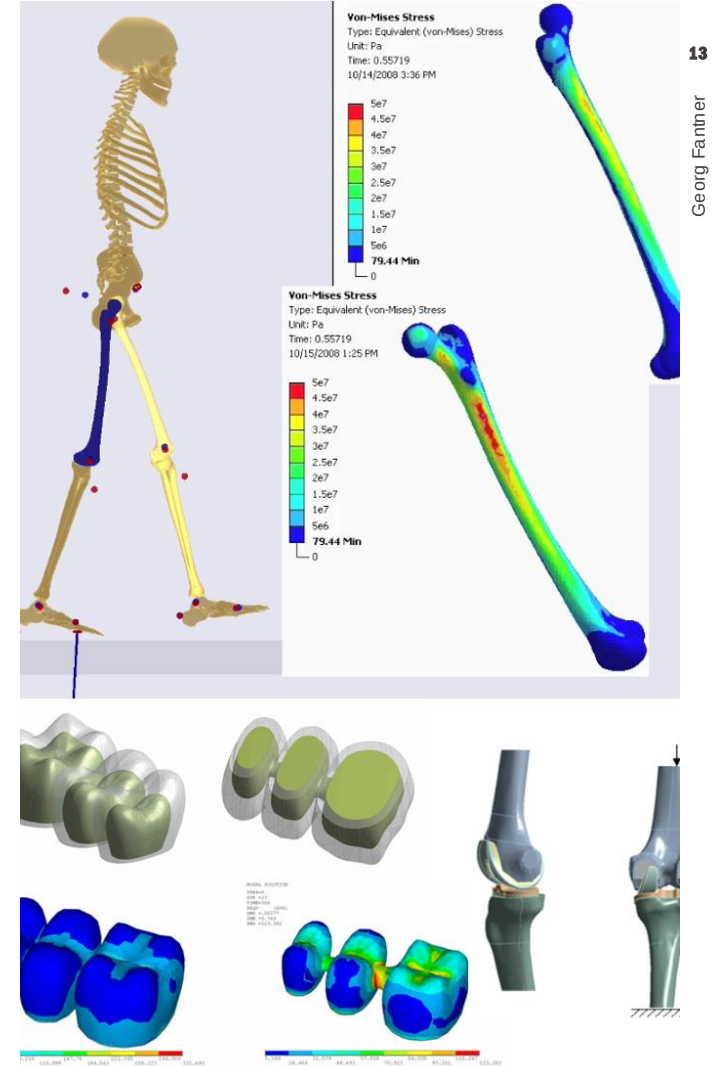
torsion

transformation  
of stress and  
strain

stress and strain  
in beams (shear  
and bending  
moments)

beam bending

buckling



# Why do I teach this course for SV?



PhD from Univ. California  
Santa Barbara  
*Bone nanomechanics and molecular  
mechanics*



Post Doc. Massachusetts Institute of Technology  
*Virus nanowires and bacterial dynamics*



EPFL: Laboratory for Bio and Nano Instrumentation

*Molecular and cellular mechanics*



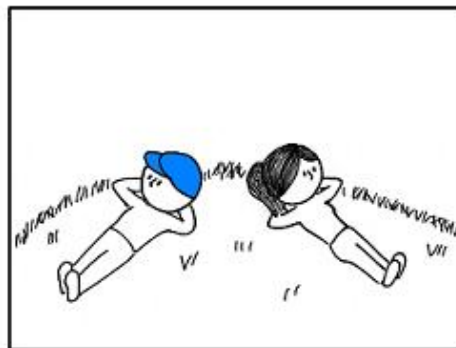
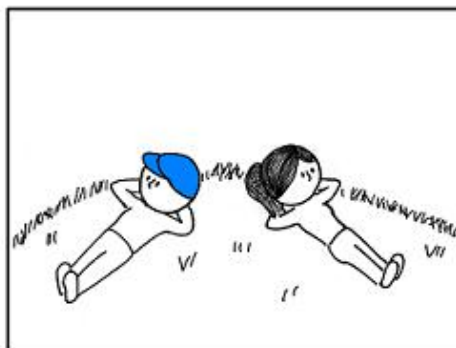
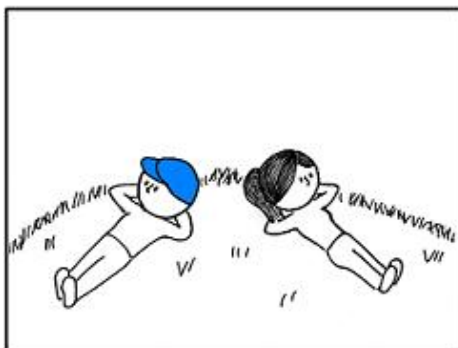
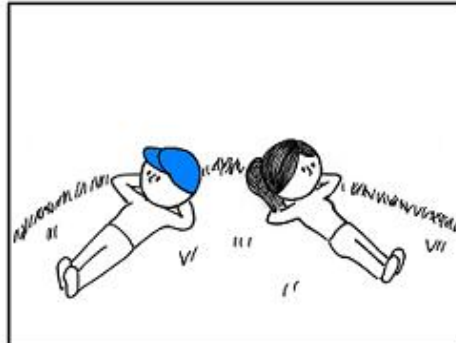
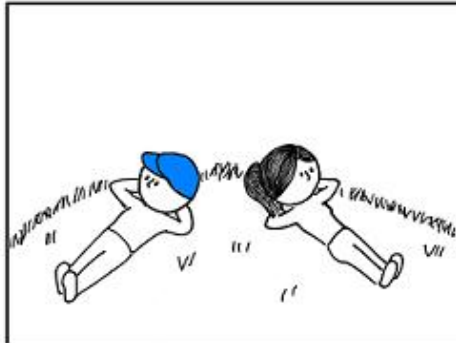
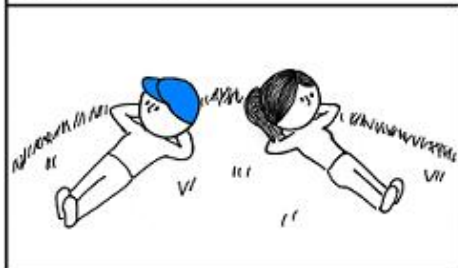
ÉCOLE POLYTECHNIQUE  
FÉDÉRALE DE LAUSANNE





**Why do you want  
to take this  
course?**

This happens to me about once a week.

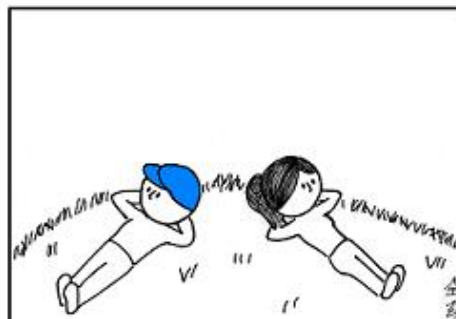


OMG. I THINK I FINALLY UNDERSTAND MECHANICS.

REALLY?



NO, WAIT. IT PASSED.





# Who knows what this is...

Newton's laws

Reactive forces  
and loads

Internal and  
external reaction  
forces and  
moments

Free body  
diagrams

Moment

Couple

Method of  
sections

I must do my revision  
I must do my revision  
I must do my revision  
I must do my revision  
I must do my revision



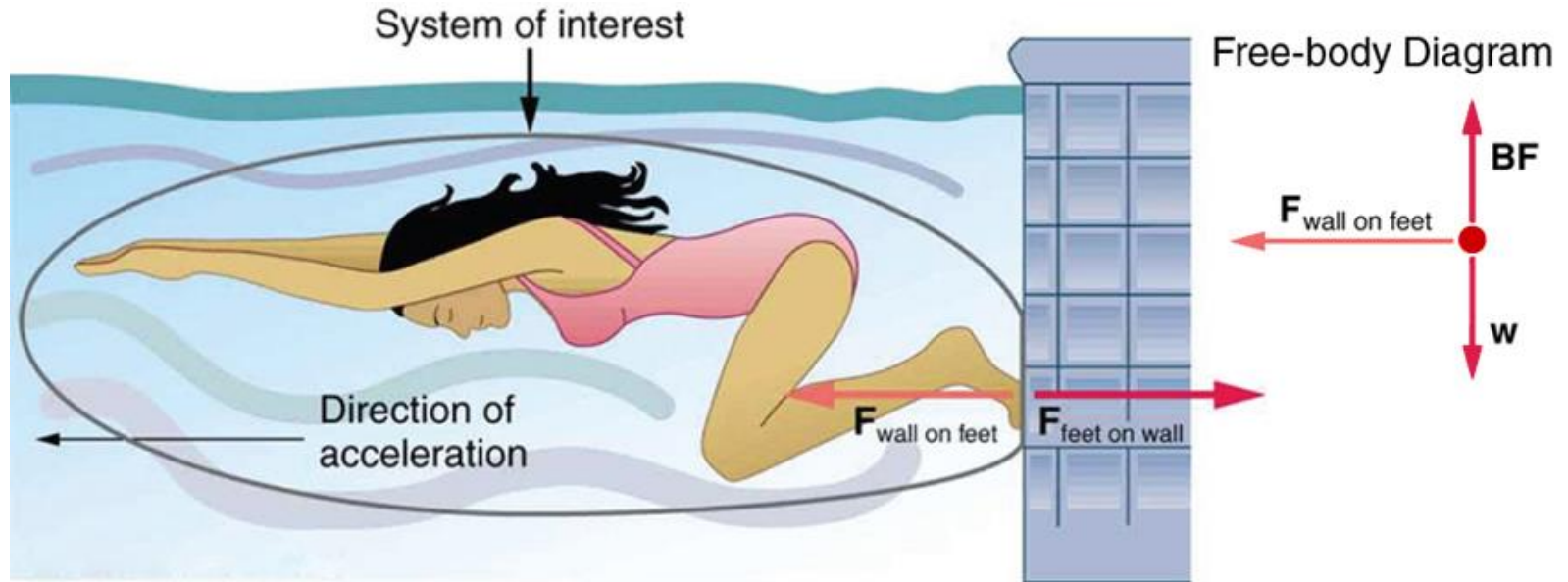
# Lecture 1:

1. Review of Newton's Laws
2. Review of vector math

1. If no unbalanced forces act on the body, the body remains at rest or moves in a straight line
2. The sum of all forces is the change in mass and velocity

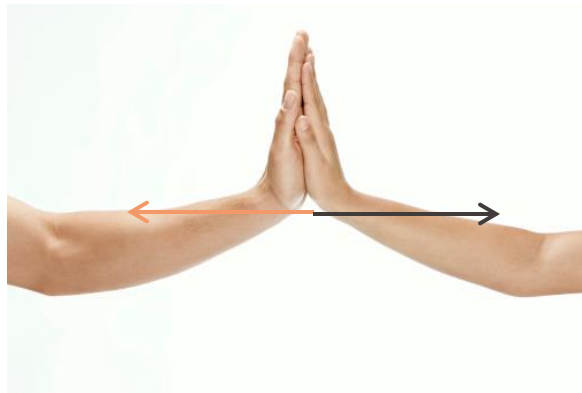
$$\sum F = \frac{d}{dt}(m * \vec{v})$$

3. to every force there is an equal and opposite reaction



# External forces vs. Internal forces

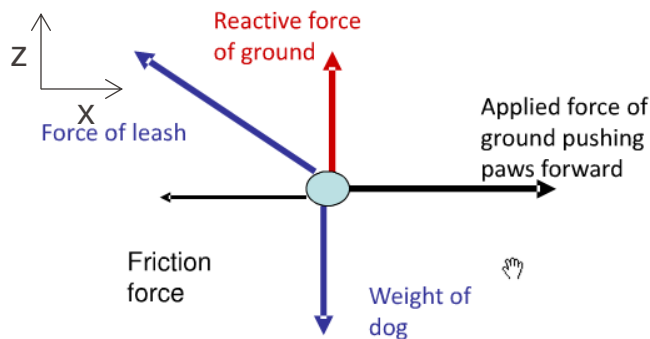
- Forces exerted by one part of an object on another part of the same object are called internal forces
- Forces between distinct, separate objects are called external forces

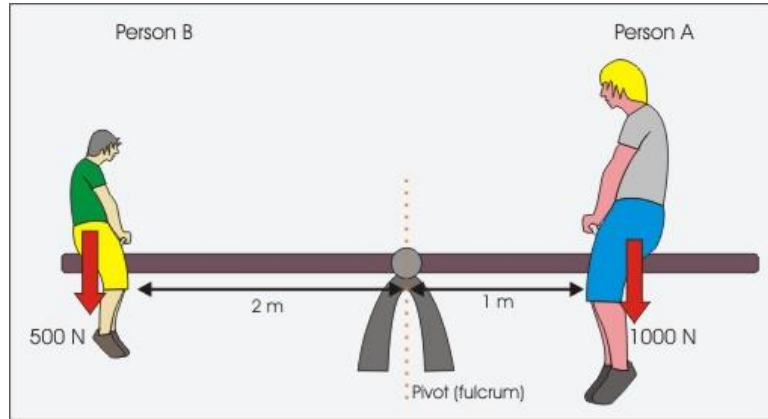




# Free Body Diagram (FBD)

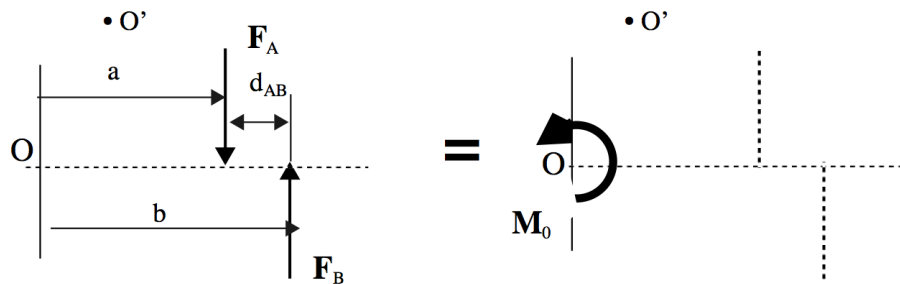
- A free body diagram shows all the forces that are acting on a body (both action and reaction forces as well as moments) in a very simplified manner
- A FBD should always have a coordinate system!





- In physics, moment is a combination of a physical quantity and a distance
- Moments are usually defined with respect to a fixed reference point
- The most common is the *moment of a force:  $M=F*d$*

- Two equal and opposite forces that can be working at the same point or at a distance from each other



$$M_O = -a \cdot F_A + b \cdot F_B = (b - a) \cdot F_A = d_{AB} \cdot F_A$$

$$\sum F_x = 0$$

$$\sum F_y = 0$$

$$\sum M_z = 0$$

For a 2D problem in the xy plane

# Equilibrium for static problems:

**All of our problems in structural mechanics are STATIC**

- From Newton's second law: in static equilibrium, the sum of all forces **AND** the sum of all moments have to be zero

# The objective of structural mechanics

Characterize

characterize deformation due to loading

Calculate

calculate the internal loading

Relate

relate internal loading to deformation

Ensure

ensure equilibrium

# **Review of basic math**



# Scalars, Vectors and Tensors

- Scalar: has only a magnitude
- Vector: has a magnitude and a direction
- 2<sup>nd</sup> order Tensor: “represents a vector for each direction”  
*“A tensor is a linear transformation of a vector to represent a quantity in the direction of the vector”*

Stress tensor:

$$\overleftrightarrow{\tau} = \begin{pmatrix} \sigma_x & \tau_{xy} & \tau_{xz} \\ \tau_{yx} & \sigma_y & \tau_{yz} \\ \tau_{zx} & \tau_{zy} & \sigma_z \end{pmatrix}$$

$$\vec{\tau}_n = \overleftrightarrow{\tau} \cdot \vec{n}$$

The stress tensor assigns a state of stress to each point on the plane defined by the normal vector  $\vec{n}$

- representation of a vector:  $\underline{v} = \vec{v} = v \cdot \vec{n} = v_x \cdot \vec{e}_x + v_y \cdot \vec{e}_y + v_z \cdot \vec{e}_z$

- magnitude of a vector:  $|\vec{v}| = \sqrt{v_x^2 + v_y^2 + v_z^2}$

*with x,y,z referring to any set of orthogonal base vectors*

- dot product:  $\vec{u} \cdot \vec{v} = |\vec{u}| \cdot |\vec{v}| \cdot \cos\theta = u_x v_x + u_y v_y + u_z v_z$

- cross product:

$$\vec{u} \times \vec{v} = \det \begin{pmatrix} e_x & e_y & e_z \\ u_x & u_y & u_z \\ v_x & v_y & v_z \end{pmatrix} = \begin{vmatrix} e_x & e_y & e_z \\ u_x & u_y & u_z \\ v_x & v_y & v_z \end{vmatrix} = \begin{pmatrix} u_y v_z - u_z v_y \\ u_z v_x - u_x v_z \\ u_x v_y - u_y v_x \end{pmatrix}$$

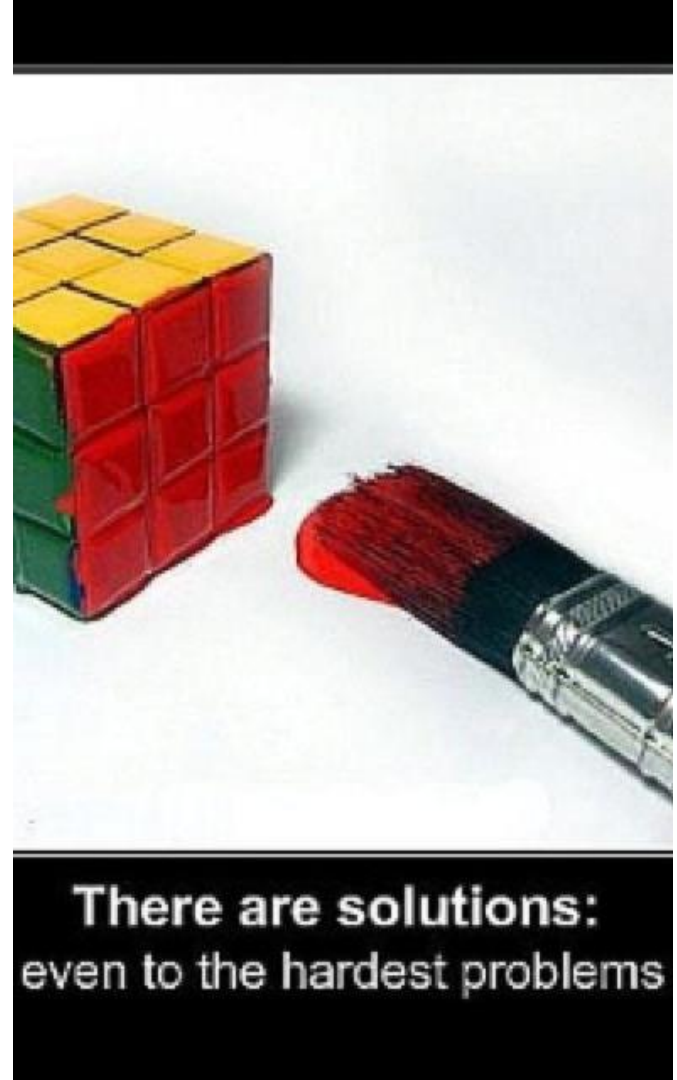
- index notation:  $x_i \quad i = 1, 2, \dots, n$

- Summation convention: repetition of the index means summation over the index:

$$\vec{u} \cdot \vec{v} = u_i v_i$$

# Approach to problem solving

1. draw relevant sketches
2. what is given?
3. what is asked?
4. what is the governing principle: what are the equations that are required?
5. perform calculations in symbolic form
6. check your physical dimensions
7. do the calculations
8. state your answer + your conclusions:  
CHECK SIGNIFICANT DIGITS!



8:30-10:00

|           | Mo | Tu | We                                                           | Th | Fr                                                             | Sa |
|-----------|----|----|--------------------------------------------------------------|----|----------------------------------------------------------------|----|
| 8h - 9h   |    |    |                                                              |    | Structural mechanics (for SV)<br>BM5202<br>ME-231(b) Lecture   |    |
| 9h - 10h  |    |    |                                                              |    | Structural mechanics (for SV)<br>BM5202<br>ME-231(b) Exercises |    |
| 10h - 11h |    |    | Structural mechanics (for SV)<br>AAC137<br>ME-231(b) Lecture |    |                                                                |    |
| 11h - 12h |    |    | Structural mechanics (for SV)<br>AAC137<br>ME-231(b) Lecture |    |                                                                |    |
| 12h - 13h |    |    |                                                              |    |                                                                |    |
| 13h - 14h |    |    |                                                              |    |                                                                |    |
| 14h - 15h |    |    |                                                              |    |                                                                |    |
| 15h - 16h |    |    |                                                              |    |                                                                |    |
| 16h - 17h |    |    |                                                              |    |                                                                |    |
| 17h - 18h |    |    |                                                              |    |                                                                |    |
| 18h - 19h |    |    |                                                              |    |                                                                |    |

We can be flexible with the amount of lecture vs exercise. What do you prefer?